

Asking the question: R U OK?

Palm Island Community
Company worked with
Ferdy's Haven, Selectability
and the Palm Island Shire
Council to host this year's
RU OK? Day event.

The morning started with a free BBQ breakfast, followed by guest speakers, who talked about the importance of asking the question: R U OK.

Ferdy's Haven Rehabilitation
Male Support Worker Derek
Baker welcomed everyone and
encouraged everyone to ask
the question to our friends,
family and work colleagues, to
start conversations and raise
awareness around mental health
and suicide awareness.

Too Deadly Tackling Indigenous Smoking Program, run by youth service Coordinator Deanne Sailor, Norman Bounghi, Shirley Curley and Henry Doyle said they had been going to Townsville to visit young Palm Island boys at the Cleveland Detention Centre.

They said the boys had appreciated community members taking the time to visit them and see how they were coping.

They were also working on setting up pathways for the boys when they were released so they could engage in services that were here to help them transition back to community.



Other guest speakers involved on the day include PICC Family Wellbeing and Women's Shelter's Dianne Foster, local indigenous clinician Dr Robert Blackley and Bwgcolman Healing Service SEWB team members Janet King and Alf Clay.

Community members were invited back that same evening for a candlelight

vigil where two minutes silence was observed to remember our loved ones recently passed.

The service also included a blessing from Catholic priest Father Joe and some healing songs and prayers before a Kup-Murri dinner supplied by the Diversionary Centre.



Hundreds of men, women and children watched the Palm Island under-15s rugby league side compete in the Townsville and District junior grand finals between the Barracudas and Western Lions earlier this month. Palm Island Rugby League President Roy Prior said the majority of the Palm population made the trip and the community was proud of them. "We knew training would be difficult as some players live on the Island, some players attend boarding schools in Charters Towers and Mutarnee, and majority of the boys live in Townsville, so the team doesn't get to train as a whole team," he said.

"It means so much more for these boys being given the opportunity to play for Palm Island and represent their home and families.

"They have all grown up watching their grandparents, mothers, fathers, uncles and aunties play for the Barracudas at the All Blacks Carnivals. This year they have been blessed to be able to represent their home again for the first time in the international age group and this has brought their families and communities together every weekend to watch them play.

"We knew going into the season it wouldn't be easy entering a new

team into the A Division against the teams they have played along side and with. But these boys came out wanting to prove their worth and wanting to show everyone that they deserve a chance to play in the A Division and represent the Palm Island Barracudas.

"And their results this season, we could not be any prouder, we hoped to finish in the top four at the start of the season. And to finish the season as the Minor Premiers in their first season is a dream come true. "The teams we have played against from Centrals, Souths, Brothers and Western Lions are all amazing teams and every single game this year has made all teams fight righ till the last buzzer goes off.

"No game had clear winners,% every game had us all on the edge of our seats."

Ex-Cowboys player Obe Geia jnr was also there to cheer on the lads, who led 14-6 early but ended up losing 34-14.

However, Palm Islanders showed their community spirit well and everyone enjoyed a wonderful social outing for the day.







Call Centre wins Premier's award



The Palm Island Digital Service
Centre program has won the
Premier's Industry Collaboration
category at the Queensland Training
Awards.

The community-owned and operated centre provides local people with valuable digital skills training, employment opportunities and career pathways in Queensland's growing digital sector.

Partners in the Centre were: TAFE

Queensland,
Palm Island
Community
Company,
Telstra,
Rainbow
Gateway,
Palm Island
Aboriginal Shire
Council and
the Queensland
Government.

CEO Micheal
Bissell said the
win was, "great
recognition for
a wonderful
project
delivering great
outcomes on
Palm Island".



The launch of a new Palm Island Digital Call Centre, which includes a Telstra Call centre, at the community retail centre on Friday was the result of some hard yards of lobbying for community development between Council and the Palm Island Community Company, the State Government and Telstra.

Palm Island Mayor Mislam Sam said it was a good day for the community and would mean significant benefits.

"Council has been working with Telstra for many months," he said.

"The Palm Island Call Centre will eventually employ up to so locals, commencing with an immediate ten local employees, with all training and ongoing support to be provided by Telstra.

"Palm Island Community

"Palm Island Community
Company will run it and Rainbow
Gateway will assist with
identifying local employees".
"We've also had some
great support from the State
Government — especially Chris
McClaren and Duncan Kerr."
Additionally Palm Island

residents will soon benefit from faster and more reliable mobile phone coverage with federal funding through the Regional Connectivity Program. Federal Member for Herbert Phillip Thompson said just over

Federal Member for Herbert Phillip Thompson said just over \$1 million would go towards upgrading Telstre's existing 4GX macro base station at Palm Island North, increasing the bandwidth of the connection with the mailed

Telstra Regional General Manager Rachel Cliffe said inclusion, leading to improved ducation, health and business outcomes for the Palm Island community.

"This upgrade is critical in future-proofing telecommunications on Palm Island, ensuring the community has access to high-speed, reliable mobile services," Ms Cliffe said.

The Call Centre and the

The Call Centre and the upgrade should both be up and running by the end of the year.





THE NEXT Palm Island Voice DEADLINE*

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